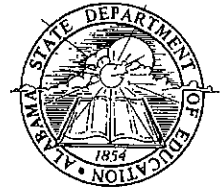




STATE OF ALABAMA
DEPARTMENT OF EDUCATION



Joseph B. Morton
State Superintendent
of Education

August 7, 2007

Alabama
State Board
of Education

MEMORANDUM

Governor Bob Riley
President

TO: City and County Superintendents

Randy McKinney
District I
President Pro Tem

FROM: *Joseph B. Morton*
Joseph B. Morton
State Superintendent of Education

Betty Peters
District II

SUBJECT: Vending Machine Sales Update

Stephanie W. Bell
District III

The Alabama State Board of Education updated the nutritional standards for items sold in vending machines at the June 14, 2007 meeting. This resolution placed further restrictions on vending sales in all Alabama Public Schools. The 2007-08 school year is to be the phase-in year with full compliance to occur with the beginning of the 2008-09 school year.

Dr. Ethel H. Hall
District IV
Vice President
Emerita

Attached is a copy of the board action regarding the standards for beverages for vending sales. This document specifies the nutritional requirements of beverage items sold in vending machines during the school day.

Ella B. Bell
District V

Only bottled water, milk or 100% juice may be sold in vending machines in either elementary schools or middle schools.

David F. Byers, Jr.
District VI
Vice President

At the high school level, in addition to the three items listed above, no/low calorie beverages of up to 25 calories, and sports drinks and teas with a limit of 99 calories may be sold in vending machines.

Sandra Ray
District VII

All schools have completed a study of the food items offered for sale in vending and school stores and items that did not meet the nutritional guidelines were identified and removed from the schools.

Dr. Mary Jane Caylor
District VIII

Most Child Nutrition Programs (CNP) do not operate vending machines. Those that do must adhere to the guidelines above. For sales of ala carte items in the cafeteria, the nutritional requirement for any item that is not sold as part of the reimbursable meal remains as follows:

Joseph B. Morton
Secretary and
Executive Officer

- 10% or less of the daily value of fat
- 10% or less of the daily value of carbohydrates
- 360 milligrams or less of sodium
- 5% or greater of either Vitamin A, Vitamin C, iron, calcium, or fiber

Further requirements regarding the sale of beverages defined that items that may be sold in the cafeteria include non-carbonated flavored and unflavored water, 100% fruit juices, milk, tea, and sports drinks. The size restriction on the sale of these items is 12 ounces with the exception of milk (16 oz.) and water (any size).

CNP may not bid or purchase juice based drinks. Items that are 5% or 10% juice do not meet the criteria and may not be purchased. Orangeade, lemonade, and fruit punch purchased in the past from the dairy are not allowable items. Powdered drink mixes that do not meet the 10/10/360/5 criteria may not be purchased or sold. There is no such thing as a powdered mix that produces a 100% juice product. While sugar free flavored mixes may meet the requirement of less than 10% daily value for fat and carbohydrates, and contain less than 360 mg of sodium, many do not meet the requirement of 5% Vitamin A, Vitamin C, calcium, iron, or fiber. Any slush that is not 100% juice is not allowed.

Also attached is a list of snack items that have been submitted and reviewed as meeting the requirements of the State Board of Education. This is not a comprehensive list and only represents the few items that have been submitted to this office. All others must be evaluated under the size and nutritional requirements as detailed on our website. To view these requirements please visit www.cnp.alsde.edu select Nutrition Policy, then select Nutrition Policies.

As always, the Alabama State Department of Education Child Nutrition Program stands ready to assist you in making your system a better environment for Alabama's students. Please contact Perry Fulton at 334-242-1988 if you have areas of concern or need additional assistance. We appreciate your time and efforts in making each day better for our students.

JBM/PWF/BB

Attachments
cc: Child Nutrition Program Directors

FY07-3090

RESOLUTION ADOPTING BEVERAGE STANDARDS FOR VENDING SALES IN ALABAMA PUBLIC SCHOOLS

WHEREAS, on July 12, 2005, the Alabama State Board of Education voted unanimously to adopt uniform vending guidelines for the sale of beverages and snacks and also adopted policy regarding the serving of prepared foods in school lunchrooms, fund-raising sale of food products, and exercise, thereby creating one of the nation's most comprehensive programs to address student obesity and inactivity; and

WHEREAS, in 2006 the Center for Science in the Public Interest rated all 50 states in the nation regarding their adopted and implemented public policy on nutrition and Alabama was voted Number 2 in the nation; and

WHEREAS, after two years of implementation of the 2005 guidelines, the Alabama Beverage Association and the Alabama Chapter of the American Heart Association and the Commissioner of Agriculture, State of Alabama, have presented the State Board of Education with additional recommended guidelines:

NOW, THEREFORE, BE IT RESOLVED, That the State Board does hereby approve the following guidelines for the sale of beverages in Alabama's public schools during the school day with the 2007-2008 school year being the phase-in implementation year and the expectation that the 2008-2009 school year will begin with every school being 100 percent in compliance:

Elementary Schools:

Bottled water--any size
Milk*--up to 8 ounces low fat/nonfat/flavored--up to 150 calories
Juice**--up to 8 ounces 100% juice/no added sweeteners--up to 120 calories

Middle Schools:

Bottled water--any size
Milk--up to 10 ounces low fat/nonfat/flavored--up to 187 calories (150 calories per 8 ounce)
Juice--up to 10 ounces 100% juice/no added sweeteners--up to 150 calories (120 calories per 8 ounce)

High Schools:

Bottled water--any size
No/low calorie beverages--up to 25 calories (10 calories per 8 ounces) not to exceed 20 ounces
Milk--up to 12 ounces lowfat/nonfat/flavored--up to 270 calories (180 calories per 8 ounce)
Juice--up to 12 ounces 100% juice/no added sweeteners--up to 180 calories (120 calories per 8 ounce)
Other drinks--up to 12 ounces (light juices, sports drinks, teas, etc.) up to 99 calories (66 calories per 8 ounce)

Vending machines in high schools must contain at least 50% water and no or low calorie options.

*Milk includes nutritionally equivalent milk alternatives (per USDA) such as soy milk. **One hundred percent juice that contains at least 10% of the recommended daily value for three or more vitamins and minerals.

These guidelines do not apply to school-related events such as interscholastic sporting events, school plays, and band concerts where parents and other adults constitute a significant portion of the audience or are selling beverages as boosters.

Snack Items

Product Category	Manufacturer	Product Name	Product Code Number	Package Size
Bakery Items	Otis Spunkmeyer	Banana Nut Muffin	3505	1.8 oz
		Chocolate Chip Muffin	3520	1.8 oz
		Wild Blueberry Muffin	3500	1.8 oz
Cereal and Cereal Bars	General Mills	Cinnamon Toast Crunch Sn	17689	1 oz
	Kellogg	Nutri-grain Bars Blueberry	35721	1.3 oz
		Nutri-grain Bars Apple Cin	35621	1.3 oz
		Nutri-grain Bars Strawberry	35921	1.3 oz
		Rice Krispie Treats	76541	1.3 oz
	Little Debbie	Nutty Peanut Butter Bar	42881	1.05 oz
		Oatmeal Crème Bar	42867	1.05 oz
		Swiss Crème Bar	42874	1.05 oz
	Mars	Kudos Granola Bar Chocoi	403840	.83 oz
		Kudos Granola Bar Peanut	403830	.83 oz
		Kudos Granola Bar with M	403850	.83 oz
		Kudos Granola Bar with Sn	403910	.83 oz
Chips,Pretzels, Popcorn	Frito Lay	Baked Cheetos Cheese Flav	21642	.875 oz
		Baked Doritos Nacho Chee	20002	.75 oz
		Baked Lays BBQ Potato Cr	0	1 oz
			4346	.875 oz
			11199	1.125 oz
		Baked Lays Cheddar & Sou	0	1 oz
		Baked Lays Original Potato		1 oz
			11201	1.125 oz
		Baked Lays Sour Cream &	0	1 oz
		Baked Lays Sour Cream an	11203	1.125 oz
		Cracker Jacks	8529	1.25 oz
		Doritos Reduced Fat Cool	36096	1 oz
	Smartfood White Cheddar	11130	.625 oz	
	Sunchips, French Onion Sn	885	1 oz	
	Sunchips, Garden Salsa Sna	5364	1 oz	
	Sunchips, Harvest Cheddar	11152	1 oz	
	Sunchips, Multi-Grain Snac	883	1 oz	
	Golden Flake	Sweet Heat BBQ Potato Ch	530	.67 oz
		White Cheddar Flavored Po	19270	.5 oz
	Poore Brothers	Tato Skins Steak & Potato	90085	1 oz
		TGIFriday's Potato Skins C	90210	1 oz
		TGIFriday's Potato Skins C	90066	1 oz
Snyders of Hanover	Barbecue Potato Chips	21121	1 oz	
	Fire Roasted Salsa Potato C	82211	1 oz	

Product Category	Manufacturer	Product Name	Product Code Number	Package Size
Chips, Pretzels, Popcorn	Snyders of Hanover	Jalapeno Potato Chips	23851	1 oz
		Ripple Potato Chips	21091	1 oz
		Salt & Vinegar Potato Chip	21161	1 oz
		Sour Cream & Onion Potat	21141	1 oz
	Sugar Foods	Pretzel Poppers Blazin Hot	43284	1 oz
		Pretzel Poppers Cheezy Nac	43280	1 oz
		Pretzel Poppers Cool Ranch	43281	1 oz
		Pretzel Poppers Zesty Pizza	43283	1 oz
Crackers and Cookies	Biscomerica	Basil's Animal Crackers	20001	1 oz
		Basil's Chocolate Chip Coo	20020	1.1 oz
	Nabisco	Oreo Thin Crisps 100 calori	447820	1.81 oz